

## **Favorites by Anouk Carryn**

Born and bred in Brussels and always a “travel-lover” it was not a problem to choose my study direction as it had always been my passion and hobby to work in the travel world. After having worked for a TO in the hotel department, I decided to see the other side of the coin and worked in a hotel for a year.

However travel planning and more specifically incentives were my thing, so I joined a specialist where I worked as Product Manager Incentives & Conventions. After 14 years of experience the time was ripe to start my own company: A.C.T.E. Travel & Events, Place des Carabiniers 15, 1030 Brussels. We are now in our 5th year and organize incentives and seminars all over the world without forgetting our own country!

### **A quick bite:**

- Cook & Book in Woluwe with a nice terrace and a large variety of food, without forgetting the wide variety of all kinds of books [www.cookandbook.be](http://www.cookandbook.be)
- Easy Tempo/rue Haute: authentic Italian cuisine.  
[http://www.restopages.be/en\\_s/bruxelles-brussel+restaurant/easy-tempo\\_Resto4523fe8715e57.php](http://www.restopages.be/en_s/bruxelles-brussel+restaurant/easy-tempo_Resto4523fe8715e57.php)

### **Business & Pleasure:**

- Osteria delle Stelle/Schaarbeek : nice interior and excellent Italian food.  
[www.osteriadellestelle.be](http://www.osteriadellestelle.be)
- Brasserie du Prince d’Orange/Uccle: modern brasserie with excellent food.  
[http://www.restauration-nouvelle.be/Public/Placeea36.html?ID\\_MENU=5&ID=400&language=eng](http://www.restauration-nouvelle.be/Public/Placeea36.html?ID_MENU=5&ID=400&language=eng)
- Fornostar/city centre: a new Italian restaurant near Place St Catherine. Nice atmosphere. Beautiful interior and excellent service. [www.fornostar.be](http://www.fornostar.be)

### **Serious tête à tête:**

- Blue de Toi/city centre: a small romantic restaurant with à la carte: lobster or bintjes.  
<http://www.bleudetoi.be/>
- Kokob/city centre: not very romantic but original concept. A bit of humor please.  
[www.kokob.be](http://www.kokob.be)

### **With Friends:**

- Adventure Valley/Woluwe: you feel on holiday in this restaurant run by a friend of mine. Belgian food but even better are the Asiatic specialties prepared by an excellent Filippino chef. [www.adventure-valley.be](http://www.adventure-valley.be)

- Chez Henri/City Centre: a small restaurant, “sans pretention” but good brasserie food and service. [www.restohenri.be](http://www.restohenri.be)

#### **Groups:**

- Scheltema/City centre: Brasserie offering excellent food (fish, mussels,...) with extremely friendly service. [www.scheltema.be](http://www.scheltema.be)

- Midi Station: Trendy restaurant with on regular basis live concerts. [www.midistation.eu](http://www.midistation.eu)

- 't Spinnekopke/City centre: very good Brussels food in typical place, with “local” waiters. [www.spinnekopke.be](http://www.spinnekopke.be)

#### **Cafés/Bars:**

- The classic Archiduc! [www.archiduc.net](http://www.archiduc.net)

- Bar du Marché at Flagey or the famous BDM for the ‘habitueés’.

- The K-nal for a trendy night out in a beautiful loft kind space. [www.k-nal.be](http://www.k-nal.be)

#### **Nice places outside of Belgium:**

- Istanbul: Reina Club: very nice Club/Restaurant at Bosphorus.

<http://www.reina.com.tr/2008/>

- The roof terrace of Be Melia in Madrid.

<http://www.meliamadridprincesa.com/en/index.html>

- ‘Fifteen Restaurant’ in London: great project of Jamie Oliver, nice place, excellent food and friendly service!

<http://www.fifteen.net/restaurants/fifteenlondon/Pages/FifteenLondon.aspx>

- The roof terrace at Centara Hotel in Bangkok with amazing view over Bangkok, excellent cocktails and nice food. [www.bangkok.com/centara-grand-centralworld](http://www.bangkok.com/centara-grand-centralworld)

#### **Hotels:**

- Favorite in Brussels: Design Hotel Be Manos, near Midi train station.

[www.bemanos.com](http://www.bemanos.com)

- Paris: Murano Hotel: very original, beautiful with nice bar.

[www.designhotels.com/muranoparis](http://www.designhotels.com/muranoparis)

- Shandrani in Mauritius. [www.shandrani-hotel.com](http://www.shandrani-hotel.com)

- The Meridien Bora Bora. [www.meridien-bora.com](http://www.meridien-bora.com)

#### **City:**

- Brussels of course for the good quality of life, a lot of restaurants and bars, a multitude of different nationalities.

- Rome and most of the Italian cities: for the excellent food, cultural heritage, nice places, the language.
- New York, not very original but great city.
- Istanbul with the contrast between the whole cultural part and the new trendy places.

**Country:**

Belgium & Italy for the reasons mentioned here above.

Australia for my unforgettable desert experience.

Iceland for the incredible nature. Would like to discover it in summer time too.

**Incentive Destination:**

Oman, South Africa, India, Mauritius, Lapland,... really depending on what the client is looking for... there are so many nice places – but the proposed activities & the type of lodging become more and more important, not only the destination anymore...

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**5 Likes:**

- Spend time with the people I love
- Discover new places: countries, cities, restaurants, bars, concerts,...
- Action / Reaction
- Walking in the desert
- The Sun & the Moon

**5 Dislikes:**

- People who can't enjoy life
  - Cold rainy grey day
  - Lies
  - Being at a party with bad music
  - Having a close friend being unhappy and being unable to do something to change it, unless listening
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**Some people I would like to have dinner with:**

- Kurt Cobain, but unfortunately too late.

- David Lynch so that he explains where he gets all that imagination and strange ideas from.
  - Christa Reniers: Belgian top jewelry designer
  - Lenny Kravitz, but would prefer hear him sing and watch him dancing in my living room!!!
  - Kim Clijsters: wanna know how it was returning on the tennis courts after her stop, since how long she was planning her come back,...
  - Antoni Gaudi: where he got his ideas of such an amazing architecture and how it was realizable?
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